

 PhysEdSummit



August 27-28th



Climb to New Heights

CONFERENCE PROGRAM

Hosted by:

Adam Howell | Jonathan Jones | Naomi Hartl | Jorge Rodriguez
Matt Pomeroy | Collin Brooks | William Bode | Sarah Gietschier-Hartman



Have you RSVP'd?

We are asking all summit attendees to RSVP for this FREE online conference! This helps us send updates out and share our NEW badge system with you. If you haven't RSVP'd already, you can do so by [clicking here](#).

Why is the #PhysEdSummit 2016 logo pink?

The #PhysEdSummit Team would like to bring breast cancer awareness to the attention of the global #HealthEd and #PhysEd community. Please help us in supporting [Kathleen Bode](#), fellow physical educator and wife of [William Bode](#), as she battles breast cancer. Team #PhysEd is a close community that not only cares about kids, but cares for their own. We would like to encourage all #PhysEdSummit participants to **wear pink** on August 27 & 28 to support The Bode Family and everyone who has been affected by breast cancer.

Note: Presentations are archived and can be viewed on Tozzl or the [PHYSEdAgogy YouTube Channel](#) at anytime for your convenience.

The #PhysEdSummit 2016 Conference Program At-A-Glance

Time (ET)	Session Title	Presenter(s)	Links
August 27, 2016			
8am (0800)	First Day, Last Day, and a Little in the Middle	Claudia Brown @cbrown_t	http://tozzl.com/t/1GOt5iBerM
8am (0800)	Moral Courage: The Time Has Come	Judy LoBianco @jlobianc	http://tozzl.com/t/RQ5SwtDQBf
9am (0900)	Planning a Successful Field Day & Family Fitness Night	Lindsay Dillon @ldillon612	http://tozzl.com/t/hxP2U7ZmDQ
9am (0900)	Putting the Feed-Back Into Feedback	Mel Hamada @mjhamada	http://tozzl.com/t/Wq3nBS65L

		Adam Llevo @MrAdamPE	
10am (1000)	PE & LTAD: The Perfect Fit	Gord Zubyck @GuzzaZubyck	http://tozzl.com/t/rfqDc27IWO
11am (1100)	Closing the Gender Gap in Physical Literacy and Activity	Dean Kriellaars @DeanKriellaars	http://tozzl.com/t/sanXlbnTJQ
11am (1100)	Addressing the Activity Gap	Charlie Rizzuto @RizzutoEd	http://tozzl.com/t/dVgZFPM89r
12pm(1200)	HBOs: The Holy Grail of Health Education?	Gary Lemke @lemke	http://tozzl.com/t/cfMG4BbUft
12pm (1200)	Teaching Games for Understanding: With a Little More Feeling	Joanna Sheppard @champsforhealth	http://tozzl.com/t/rDI5fqJ1Mu
1pm (1300)	Addressing the Activity Gap	Amy Prior @PriorTeach	http://tozzl.com/t/nA9PPVWcGg
1pm (1300)	Physical Literacy Mentorship in Schools	Ryan Fahey @wellnessrf	http://tozzl.com/t/SfQZ9N3Tbn
2pm (1400)	Academics and Kinetics Blended in Perfect PE Harmony	Gary Lemke @lemke	http://tozzl.com/t/bS9LZlclro
2pm (1400)	Fun, Engaging, and Innovative Strategies in Health Education	Mary McCarley Voxer: Mccarley11	http://tozzl.com/t/o2tUKdOIOL
3pm (1500)	Stoking the Fire	Bob Knipe @PEPEPTalk and @kniper1 Andy Milne @carmelhealth Ben Pirillo @CoachPirillo	http://tozzl.com/t/lvscNfHrOf
3pm (1500)	Physical Literacy and Global Development in Children	John Cairney @JohnCairney68	http://tozzl.com/t/lQCGoW8vxb
4pm (1600)	Connecting Assessment to the Four Domains of Physical Education	Lynne Gilbert @gilbert15lynne Dee Castelvechi @iluv2teachpe	http://tozzl.com/t/Xt8KwO7na6
4pm (1600)	Engaging Students to Be Active Using Social Media--The #Active365 Experience	Lisa Taylor @lisamptaylor	http://tozzl.com/t/6TBOf4FIht
5pm (1700)	Visualisation Techniques to Better Define Learning	Andy Hair @MrHairPhysEd	http://tozzl.com/t/qgVKXcGEPo
5pm (1700)	Sport Stacking Competitions to Encourage a Growth Mindset	Lisa Berman @BermanLisa	http://tozzl.com/t/HIT2KkVUAd
6pm (1800)	Yoga Tools for Fun PhysEd Classes, A Sport that Everyone Can Excel At	Krista Strayer @flourishschools	http://tozzl.com/t/EoZ6kK7cU6

6pm (1800)	Redefining Week One Activities	Matthew Bassett @PhysEdApps	http://tozzl.com/t/IUM7n7xlDE
7pm (1900)	Critical Considerations of Physical Literacy Policy	Dean Dudley @deandudley	http://tozzl.com/t/movgofZDU0
7pm (1900)	Nourish the Teacher with Evening Self-Care Tools for Deep Sleep and More Energy	Krista Strayer @flourishschools	http://tozzl.com/t/aw7fo5y4DA
8pm (2000)	PE Podcasts for PD	Jorge Rodriguez @PhyzedNow	http://tozzl.com/t/AUSOxmfpuy
8pm (2000)	Using BreakOut EDU in Physical Education	Amie Schneider @aschneider36 Melissa Matthews @melgirl78	http://tozzl.com/t/2Z0AwZyLDF
9pm(2100)	PBL with a Focus on Health and Wellness	Amy Lauren Smith @teaching_health	http://tozzl.com/t/Z7s0QxGMSv
9pm(2100)	Collaborating Your Content	Matt Guth @peguth Jonathan Jones @J_JonesPE	http://tozzl.com/t/iR007mFZZS
10pm (2200)	Experiences Teaching PYP PE--Challenges and Benefits	Daniel Inman @danielrinman Dan Popescu @Dan_PE_Popescu Evan Godsiff @mrgodsiff	http://tozzl.com/t/8tpMoPdE6s
10pm (2200)	Get Them Moving, Learning, and Loving It!	Rex Peebles @CoachPeebles	http://tozzl.com/t/U0gRgU9GVF
11pm (2300)	Student Voice, Participation & Leadership in Schools	Mel Hamada @mjhamada Rick Baldock @baldyrr55	http://tozzl.com/t/yGJVIFWdbw
11pm (2300)	StudentFit--How to Incorporate Boot Camp Into Your PE Class	Marquel Hatcher @MHatcher_PE	http://tozzl.com/t/dEDxMk2HOo
August 28, 2016			
12am (0000)	BlabberMouths	Justin Schleider @SchleiderJustin Nicholas Endlich @NicholasEndlich Adam Llevo @MrAdamPE Andy Milne @carmelhealth	http://tozzl.com/t/nyNaoyyx3J
1am (0100)	Keepin' It Reel! A Standards-Based Approach to Fishing	Kari Bullis @BullisKari	http://tozzl.com/t/QttD0Cq9WW
2am (0200)	Creating Digital Visuals	Collin Brooks @CollinBrooksie Naomi Hartl @MissHartl	http://tozzl.com/t/n6ppQneTTm

3am (0300)	Moving Mindfully	Mindy Drake @DrakeMindy	http://tozzl.com/t/3Pr0fgQlii
3am (0300)	Learning Different Content to Achieve Target Content and Achieve the Skills Through Mirror Drill Strategies	Khapirat Batyrbek @Khapirat_B	http://tozzl.com/t/N54cLRacJd
4am (0400)	Orchestrate Your Chaos: Management Strategies to Enhance P.E. Productivity	Adam Metcalf @MrMetcalfPE	http://tozzl.com/t/iqPlqSvQ6T
5am (0500)	Wrapping a Real World Purpose Around TGfU	Tim Morgan @TimMorgan10	http://tozzl.com/t/x3962pxT0i
6am (0600)	Voice and Choice	Nicholas Endlich @NicholasEndlich	http://tozzl.com/t/CIlKOHJroQ
6am (0600)	Assessment Fixes in PE	Jace Ferguson @Grand_Muchacho1	http://tozzl.com/t/gUwTUzizfn
7am (0700)	Assessment in Game-Centered Approaches	Stephen Harvey @drstephenharvey	http://tozzl.com/t/e4ho3PLwk2
7am (0700)	Music Mapping 101--Find Your Way Teaching #Dance in #PhysEd	MacKenzie Mushel Ellis @MacKenzieColo	http://tozzl.com/t/keFye1Q9QH

The #PhysEdSummit 2016 Full Conference Program

August 27, 2016

First Day, Last Day, and a Little in the Middle

Time: 8am ET (0800)

Speaker: Claudia Brown (United States)

Intended Audience: Health Education (Grades 6-12)

Session Description: On day one, Claudia's health students apply for "jobs" in the classroom, engage in her "high five" program, and learn how to earn "health money." During the course of teaching skills-based health education, students perform their jobs whenever required in class. They are "paid" monthly by class bankers and keep records of their savings. At the end of the semester, those students who have earned a "high five" are invited on a healthy risk-taking field trip, and all students participate in a class-wide auction to spend their "health money." This method of operation has worked for Claudia for the past several years and is fun, engaging, and full of possibility!

Moral Courage: The Time Has Come

Time: 8am ET (0800)

Speaker: Judy LoBianco (United States)

Intended Audience: Higher Ed; Future Professionals (PETE); Health Education; Physical Education

Session Description: Moral Courage means doing the right thing regardless of the consequences. Our profession needs champions with moral courage in order to advance our mission for children. Join this school administrator in the journey for what it takes to acquire moral courage.

Planning a Successful Field Day & Family Fitness Night

Time: 9am ET (0900)

Speaker: Lindsay Dillon (United States)

Intended Audience: Physical Education (Kindergarten-Grade 5)

Session Description: This session will be a combination session that discusses the planning and implementation of both field days and family fitness nights. This session will discuss the format Lindsay uses to implement field day, as well as various types of family fitness nights that can be offered at your school.

Putting the Feed-Back Into Feedback

Time: 9am ET (0900)

Speakers: Mel Hamada (China) and Adam Llevo (England)

Intended Audience: Physical Education (Grades 3-12)

Session Description: Join Adam and Mel as they discuss a myriad of different ways you can change up the way in which you offer feedback to your students. You might like to try something with video/voice or screen sharing or you could use your iDevice. You can use Google or other apps to automate your process, as well. Something for the newbie Tech or know-it-all user.

PE & LTAD: The Perfect Fit

Time: 10am ET (1000)

Speaker: Gord Zubyck (Canada)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 12); Future Professionals (PETE); Adapted Physical Education; Before and/or Afterschool Activities; Physical Activity, Recreation, or Sport

Session Description: The Long-Term Athlete Development (LTAD) model is a framework for developing physical literacy. This presentation will look at how the LTAD framework, when combined with PE curriculum, can provide the quality physical literacy experiences that allow every student to explore the various physical activity pathways that lead to being active for life. LTAD is student-centered, addresses meaningful competition, encourages the assessment of physical literacy, and is based on developing programs that are inclusive. This presentation will link the 10 Key Factors of LTAD to physical education.

Closing the Gender Gap in Physical Literacy and Activity

Time: 11am ET (1100)

Speaker: Dean Kriellaars (Canada)

Intended Audience: Physical Education (Grades 3-8); Physical Activity, Recreation, or Sport; Research

Session Description: In this presentation, Dr. Dean Kriellaars will identify the gender gap in affective, cognitive, physical competence, social, and behavioural characteristics. Then he will report on applied research that has been completed in physical education and after school programming and share how to close the gap by identifying successful strategies.

Addressing the Activity Gap

Time: 11am ET (1100)

Speaker: Charlie Rizzuto (United States)

Intended Audience: Physical Education & Health Education (Grades 3-12); Future Professionals (PETE); Before and/or Afterschool Activities; Physical Activity, Recreation, or Sport

Session Description: One of the many elements of our jobs as physical education teachers is to get our students to move, not only when they are with us, but after school, on weekends, and over breaks. This presentation addresses the activity gap, what it is, why it exists, and ALL the ways we can combat it. Attendees of this session will gain strategies that will not only improve instruction, but student activity all year long.

HBOs: The Holy Grail of Health Education?

Time: 12pm ET (1200)

Speaker: Gary Lemke (United States)

Intended Audience: Health Education (Grades 6-12)

Session Description: Can health be a cool course? Consider this: no other subject in school covers more about what occupies student brain energy - their thoughts, feelings, concerns, troubles, relationships, and challenges. What if health education centered around Healthy Behavior Outcomes (HBOs) instead of drugs, sex, and sushi rolls (nutrition)? This session features case studies from three high schools that flipped from an information-centered to a student-centered approach. A peer-driven (yet teacher facilitated) environment allows students to develop decision-making skills that lead to better healthy behavior outcomes. Here's your chance to make it all about them.

Teaching Games for Understanding: With a Little More Feeling

Time: 12pm ET (1200)

Speaker: Joanna Sheppard (Canada)

Intended Audience: Physical Education (Grades 3-8); Future Professionals (PETE); Life Skills Teaching

Session Description: Are you interested in using different teaching methods within your physical education classes? By the end of this workshop, elementary teachers will gain an understanding of how to implement the Teaching Games for Understanding Curriculum model within their classes with specific focus on the cognitive and affective domains of our students through effective open ended questioning. Specific game play examples will be used and discussed.

Assessment: None of the Above

Time: 1pm ET (1300)

Speaker: Amy Prior (United States)

Intended Audience: Health Education (Grades 3-12)

Session Description: The mere mention of the word "assessment" can incite fear, rolling eyes, groaning, and tension to students and teachers. Would you like your students to be more successful on their assessments? Come to this session to learn “out of the box” ways to assess students that measure student achievement in a low stress environment and give you more options than choosing A, B, C, or D.

Physical Literacy Mentorship in Schools

Time: 1pm ET (1300)

Speaker: Ryan Fahey (Canada)

Intended Audience: Whole School (Kindergarten-Grade 12)

Session Description: Physical Literacy Mentorship was a unique opportunity for individual schools to be coached along their physical literacy journey. By working with administration in identifying champions within each school, Ever Active Schools (EAS) was able to map out a success plan of how their school could increase its level of physical literacy across all subject areas to support student health and learning outcomes. Through a school wide physical literacy focus, our champions embed physical literacy into in-school meetings, recess, and additional extra curricular activities within their schools. Participants will leave this session with alternative ways they can embed physical literacy across all grade levels within their school community.

Academics and Kinetics Blended in Perfect PE Harmony

Time: 2pm ET (1400)

Speaker: Gary Lemke (United States)

Intended Audience: Health Education & Physical Education (Grades 9-12); Future Professionals (PETE); Physical Activity, Recreation, or Sport

Session Description: To move the body, we must first engage the brain. A well-rounded education includes physical education and well-rounded physical education includes healthy portions of BOTH physical activity and academics working together. Learn how blended learning allows physical educators to create new paths for students that can lead to enjoying a lifetime of healthful physical activity.

Fun, Engaging, and Innovative Strategies in Health Education

Time: 2pm ET (1400)

Speaker: Mary McCarley (United States)

Intended Audience: Health Education (Grades 6-12)

Session Description: Want to have more fun, engage, and challenge your students in health education? Join Mary McCarley, South District Teacher of the Year for Health Education, as she presents engaging and innovative, standard-based strategies and activities that are proven to be effective in the classroom. Participants will leave with many new ideas for their health toolbox.

Stoking the Fire

Time: 3pm ET (1500)

Speakers: Bob Knipe (United States), Andy Milne (United States), and Ben Pirillo (United States)

Intended Audience: Early Childhood; Physical Education & Health Education (Kindergarten-Grade 12); Higher Ed; Future Professionals (PETE); Adapted Physical Education

Session Description: In the United States, SHAPE America has ignited the mission to inspire a generation of students to be the healthiest generation in the nation's history. The energy that is needed to shape #50MillionStrong is going to be unquantifiable. However, what seems impossible can be accomplished by the collective actions of the community of believers that joins this movement. After the spark how can we keep the fire burning? As teammates do on the field, we will need to celebrate and inspire each other's successes to stay on fire. In this presentation, Andy Milne will teach you how to become your students' and coworkers' biggest fan, through daily actions of gratitude and encouragement in your local community. Ben Pirillo has created a platform called "Teachers Inspire Teachers," where physical educators share how their professional network of teachers has inspired them to continue their calling. Bob Knipe will share how PEPEPEPTalk is giving those #50MillionStrong members a space to share their gratitude for the unique role physical education teachers play in this movement. From local to nationwide efforts, each of us plays a part, so don't burn out and instead learn to be a fire starter in the world you shape!

Physical Literacy and Global Development in Children

Time: 3pm ET (1500)

Speaker: Dr. John Cairney (Canada)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 2); Physical Activity, Recreation, or Sport; Research

Session Description: In this talk, Dr. Cairney will explore the links between physical literacy and child health and development. Suggestions for using physical literacy as a tool for improving child health and learning outcomes, and the evidence to support will be provided.

Connecting Assessment to the Four Domains of Physical Education

Time: 4pm ET (1600)

Speakers: Lynne Gilbert (United States) and Dee Castelvechi (United States)

Intended Audience: Physical Education (Grades 6-12)

Session Description: This session will examine various methods of assessment necessary to connect with the whole child. We will explain how assessment is used in each of the four domains of physical education. We will share samples and explain the process to create your own meaningful assessments to guide your instruction and your students' learning. Technology will be incorporated into assessment strategies to engage students in self-reflective learning.

Engaging Students to Be Active Using Social Media--The #Active365 Experience

Time: 4pm ET (1600)

Speakers: Lisa Taylor (Canada)

Intended Audience: Physical Education (Grades 6-12)

Session Description: Let's face it - students are hooked on their mobile devices these days. I noticed specifically however their attention to social media. One year ago I thought to myself "How can I get my students to engage in more physical activity outside of the classroom using the social media so dear to their hearts?" The #active365 challenge was born. After two semesters of engaging in this challenge with my classes, I have some exciting results for you! Not only does this challenge work to get students active outside of class time, it has helped me to get to know my students, help build meaningful relationships, and has been a great motivator for me to engage in more positive role modeling as a PE teacher. Not only will I continue to offer this opportunity to my students, I will also be using it for the center focus of my thesis as I complete my Masters of PE.

Visualisation Techniques to Better Define Learning

Time: 5pm ET (1700)

Speaker: Andy Hair (Australia)

Intended Audience: Physical Education (Kindergarten-Grade 8)

Session Description: Many elite athletes routinely use visualisation techniques as part of training and competition. There are many stories of athletes who have used these techniques to cultivate not only a competitive edge, but also to create renewed mental awareness, a heightened sense of well-being, and confidence. All of these factors have been shown to contribute to an athlete's sports success. Generally speaking, visualisation is the process of creating a mental image or intention of what you want to happen or feel in reality. These scenarios can include any of the senses. They can be visual, kinesthetic, or auditory. Using the mind, an athlete can call up these images over and over, enhancing the skill through repetition or rehearsal, similar to physical practice. Visualisation is a concept Andy uses in his classes to build visual, kinesthetic and/or auditory awareness in students to connect what they see, feel, and hear themselves performing. Andy will take you on a journey of understanding and will show you how he builds visualisation throughout learning with great success leading to more confident and successful students.

Sport Stacking Competitions to Encourage a Growth Mindset

Time: 5pm ET (1700)

Speaker: Lisa Berman (United States)

Intended Audience: Physical Education (Kindergarten-Grade 12); Before and/or Afterschool Activities; Physical Activity, Recreation, or Sport

Session Description: Hundreds of thousands of students around the world learn and enjoy sport stacking in their physical education classes, but many are not given a chance to compete since physical literacy skill development is more of a focus in PE classes than having competitions. However, preparing for a competition is project-based learning and brings meaning to a sport stacking unit. It is also an effective way to teach the SHAPE America outcomes about facing challenges. A sport stacking competition can be completed in one PE class and students can be given achievement awards to encourage further growth in their skills. Learn how you can make this happen in your PE classes. Best of all, see kids of all skill levels in action during this presentation. Grab your cups and you can compete, too!

Yoga Tools for Fun PhysEd Classes, A Sport that Everyone Can Excel At

Time: 6pm ET (1800)

Speaker: Krista Strayer (Canada)

Intended Audience: Physical Education (Kindergarten-Grade 12); Before and/or Afterschool Activities; Physical Activity, Recreation, or Sport

Session Description: So you've been asked to teach yoga for your school - now what? Build a repertoire of fun yoga poses for kids to keep them engaged and learning. Understand how to sequence a class and what yoga poses are good for warming up, cooling down, better brain function, and stretching. Use yoga to end all your PhysEd classes so kids can transition back to the classroom smoothly without all the drama.

Redefining Week One Activities

Time: 6pm ET (1800)

Speaker: Matthew Bassett (United States)

Intended Audience: Physical Education (Grades 3-8)

Session Description: The beginning of the year is very difficult. As teachers, we must provide rules and expectations for each of our classes. Many times we think of lecture as the only way to get the students started during the school year. This session will give you examples on how I've redefined week one activities. Instead of lecturing students, I create opportunities for the students to learn material while moving. I also use the first week (or three) working on team building activities for the students to learn the social skills for successful participation in class.

Critical Considerations of Physical Literacy Policy

Time: 7pm ET (1900)

Speaker: Dean Dudley (Australia)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 12); Higher Ed; Adapted Physical Education; Physical Activity, Recreation, or Sport; Research

Session Description: Article 3 of the International Charter for Physical Education, Physical Activity and Sport clearly states that Health, Sport, and Education agencies must participate in creating a strategic vision and identify policy options and priorities that enable the fundamental right for all people to participate (or have the opportunity to participate) in meaningful physical activity across their life course. Physical literacy is a rapidly evolving concept being used in policy-making but has been limited by pre-existing and sometimes bias interpretations of the construct. The aim of this presentation is to present a model of physical literacy policy considerations for key decision makers in the fields of public health, recreation, sport, and education that is consistent with international understandings of what the construct is, and how it is to be used in order to achieve established and developing public health, recreation, sport, and educative goals. Internationally debated definitions of physical literacy and the wider construct of literacy were reviewed in order to establish common pillars of physical literacy in a policy context.

Nourish the Teacher with Evening Self-Care Tools for Deep Sleep and More Energy

Time: 7pm ET (1900)

Speaker: Krista Strayer (Canada)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 12); Before and/or Afterschool Activities; Physical Activity, Recreation, or Sport; Teacher Wellness

Session Description: Do you love what you do but feel tired and exhausted at the end of the day? This workshop will give you three simple self-care tools to nourish yourself so you can have the energy you need to teach and inspire the kids in your care. Come prepared for gentle movements, and be open to pampering yourself for a change. Bonus - Evening yoga practice to wind down and enjoy a deep, restorative sleep.

PE Podcasts for PD

Time: 8pm ET (2000)

Speaker: Jorge Rodriguez (United States)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 12); Higher Ed, Future Professionals (PETE); Adapted Physical Education, Aquatics; Before and/or Afterschool Activities; Dance Education; Health Education; Physical Activity, Recreation, or Sport; Physical Education; Outdoor Education; Research

Session Description: In this session we will be exploring the world of podcasts. You will learn about existing podcasts and how you can listen at your leisure to improve your teaching. We will also be recording a live podcast during the session, featuring experts and a variety of physical education topics. After the session, the audio will be uploaded as a Voxcast Podcast and will be available for download.

Using BreakOut EDU in Physical Education

Time: 8pm ET (2000)

Speakers: Amie Schneider (United States) and Melissa Matthews (United States)

Intended Audience: Physical Education (Kindergarten-Grade 12); Higher Ed; Future Professionals (PETE); Adapted Physical Education

Session Description: Learn how to incorporate the fastest growing educational craze in the country...BreakOut EDU! BreakOut EDU is a scavenger hunt using technology, prior knowledge, and teamwork to solve clues. Join this session to learn how to incorporate physical activity and technology in your physical education classes.

PBL with a Focus on Health and Wellness

Time: 9pm ET (2100)

Speaker: Amy Lauren Smith (China)

Intended Audience: Physical Education (Grades 6-12); Future Professionals (PETE); Health Education

Session Description: The health concerns of our students have shifted dramatically over the last twenty years, and the past model of textbooks and content driven units is no longer relevant. A skills-based approach with a focus on inquiry can help prepare students for the wide variety of health challenges they might face. In this workshop, teachers will be provided with a toolbox of ready to go projects to implement in health class, PE, or as a cross-curricular unit. For more detail and a list of content strands covered, check out: [Choices Magazine "12 Grab-and-Go Health Project Ideas"](#).

Collaborating Your Content

Time: 9pm ET (2100)

Speakers: Matt Guth (United States)

Intended Audience: Physical Education (Grades 3-12); Future Professionals (PETE)

Session Description: Follow along as Matt Guth details how to increase student motivation of learning content by collaborating with students from across the globe. Learn how easy it can be to create dynamic, unique learning that will both engage your students and make teaching benchmarks easier!

Experiences Teaching PYP PE--Challenges and Benefits

Time: 10pm ET (2200)

Speakers: Daniel Inman (Taiwan), Dan Popescu (China), and Evan Godsiff (South Korea)

Intended Audience: Physical Education (Kindergarten-Grade 5); Future Professionals (PETE); International Teachers; International Baccalaureate Teachers

Session Description: This session will focus on the challenges and benefits of teaching physical education at an international school within an International Baccalaureate Primary Years Programme (IB PYP) framework. Three teachers will offer their perspectives of the what, why, and how of teaching PYP PE for the first time as an international PE teacher.

Get Them Moving, Learning, and Loving It!

Time: 10pm ET (2200)

Speaker: Rex Peebles (United States)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 5)

Session Description: This session will help elementary physical education teachers integrate the classroom learning objectives with their physical education classes. Before becoming an elementary physical education teacher, Rex was a classroom teacher for nine years, including five years teaching kindergarten. The games and activities Rex will show will help strengthen students learning of math, language, reading, and other key curricula, while working on fine and gross motor skills, teamwork, and cooperation in a fun and physically active setting. Participants will receive real lessons they can incorporate into their classrooms right away. These lessons and ideas will use minimal equipment that is available to every PE teacher to integrate the classroom TEKS (Texas Standards), including: playing cards, number cards, letter cards, polypots and sight words. This session will also show participants simple ways of adjusting their current games to include an academic component.

Student Voice, Participation & Leadership in Schools

Time: 11pm ET (2300)

Speakers: Mel Hamada (China) and Rick Baldock (Australia)

Intended Audience: Physical Education (Grades 6-12); Physical Activity, Recreation, or Sport; Outdoor Education

Session Description: In this session, Mel and Rick will explore the principles of student participation in PE classes and provide examples of how to increase student participation and self-directed learning. This is often a challenging way to work in schools with competing interests and approaches stifling innovation and sustainable change despite students thriving in this environment.

StudentFit--How to Incorporate Boot Camp Into Your PE Class

Time: 11pm ET (2300)

Speaker: Marquel Hatcher (United States)

Intended Audience: Physical Education (Grades 3-8)

Session Description: This session will give participants ideas on how to incorporate boot camp concepts into their classes. Participants will also learn how to use boot camp concepts for skill review and reinforcement.

August 28, 2016

BlabberMouths

Time: 12am ET (0000)

Speakers: Justin Schleider (United States), Nicholas Endlich (United States), Adam Llevo (England), Andy Milne (United States)

Intended Audience: Early Childhood; Physical Education (Kindergarten-Grade 12); Higher Ed; Future Professionals (PETE); Health Education; Physical Activity, Recreation, or Sport

Session Description: Join this session to participate in a discussion about myths in education and see the Firetalk platform in action!

Keepin' It Reel! A Standards-Based Approach to Fishing

Time: 1am ET (0100)

Speaker: Kari Bullis (United States)

Intended Audience: Physical Education (Grades 6-12); Outdoor Education

Session Description: Ever wonder how other physical education teachers plan their teaching units or how you can take high school outcomes and turn them into a quality, standards-based unit? Through the use of backwards design, Kari will show you how she plans and structures a standards-based, secondary physical education unit. During this session, you will also learn: how to teach all things fishing through the use of active, learning games and activities, how to incorporate technology into your lessons, and how to meaningfully assess your students' abilities.

Creating Digital Visuals

Time: 2am ET (0200)

Speakers: Collin Brooks (United States) and Naomi Hartl (United States)

Intended Audience: Physical Education (Kindergarten-Grade 12); Higher Ed; Future Professionals (PETE); Health Education

Session Description: Are you interested in learning or improving your ability to make visuals? Want to learn how to make icons, Gifs, or improve your ability to make task cards? During this session, participants will learn about digital tools used to create dynamic visuals for physical education classrooms. Participants will learn the basics on how to start creating their own visuals that will help inspire visual learning within a physical education classroom.

Moving Mindfully

Time: 3am ET (0300)

Speaker: Mindy Drake (United States)

Intended Audience: Physical Education (Kindergarten-Grade 8); Adapted Physical Education

Session Description: This session will cover what mindfulness is, its focus for students, and how to incorporate it into a PE class or regular classroom setting.

Learning Different Content to Achieve Target Content and Achieve the Skills Through Mirror Drill Strategies

Time: 3am ET (0300)

Speaker: Khapirat Batyrbek (Kazakhstan)

Intended Audience: Physical Education (Grades 6-12); Dance Education; Physical Activity, Recreation, or Sport

Session Description: This session will give the participant a clear understanding of how to teach different content to achieve your target goal. An example of this is using dance practice to achieve an understanding of the fundamental basketball skills of dribbling and rhythm. This strategy will help the participant experience new thinking skills and achieve them through mirror strategies and perspectives for a better understanding of the athletic skills, dance, coordination, techniques, timing and spacing.

Orchestrate Your Chaos: Management Strategies to Enhance P.E. Productivity

Time: 4am ET (0400)

Speaker: Adam Metcalf (United States)

Intended Audience: Physical Education (Kindergarten-Grade 8)

Session Description: In this presentation, Adam will share some classroom management, productivity, and workflow strategies that he uses to maximize student engagement, feedback, and teacher planning time.

Wrapping a Real World Purpose Around TGfU

Time: 5am ET (0500)

Speaker: Tim Morgan (New Zealand)

Intended Audience: Physical Education (Kindergarten-Grade 12); Health Education

Session Description: A discussion around the value of providing a big purpose around a traditional TGfU model in order to develop meaningful student engagement and purpose.

Voice and Choice

Time: 6am ET (0600)

Speaker: Nicholas Endlich (United States)

Intended Audience: Physical Education (Kindergarten-Grade 12)

Session Description: Participants will learn how to engage and empower students through student choice and voice. Learn techniques and strategies that improve student engagement and ownership over their learning.

Assessment Fixes in PE

Time: 6am ET (0600)

Speaker: Jace Ferguson (United Arab Emirates)

Intended Audience: Physical Education (Kindergarten-Grade 12); Future Professionals (PETE); Adapted Physical Education; Physical Activity, Recreation, or Sport

Session Description: Assessment in PE has always been difficult. How can we assess student learning that is clear, constant, and specific, and provide students with proper feedback to improve learning? Sounds like a dream...Let's make this a reality!

Assessment in Game-Centered Approaches

Time: 7am ET (0700)

Speaker: Stephen Harvey (United States)

Intended Audience: Physical Education (Grades 3-12); Higher Ed; Future Professionals (PETE)

Session Description: This session builds on previous #PhysEdSummit presentations that have focused on game-centered approaches to focus on assessment. It will introduce both formative and summative assessments that can be used when teachers use a game-centered approach and provide teachers with much needed information on how to assess student learning in game-centered approaches.

Music Mapping 101 - Find Your Way Teaching #Dance in #PhysEd

Time: 7am ET (0700)

Speaker: MacKenzie Mushel Ellis (United States)

Intended Audience: Physical Education (Kindergarten-Grade 12); Future Professionals (PETE); Dance Education; Physical Activity, Recreation, or Sport

Session Description: Do you sometimes find yourself lost teaching dance? This session will explore “music mapping,” an innovative approach to moving rhythmically and creating dances. Learn how to let the music be the guide and build your confidence for incorporating dance in physical education and throughout the school day! You will actively learn choreography, which utilizes music mapping, and leave with strategies for creating dances with your students to any song.